



THE HOME WHISPERER *Environmental Healer*

"When we are in alignment with our purpose, the universe will roll at our feet." -Kafka

RE*MOVE

Living with what you love benefits you beyond measure. The furniture in your home is more than a seemingly inanimate object that you sit on, eat in, sleep upon or even read in. It has a life of its own - even a soul. Yes, a soul and this essence is the connection between mind and body, and between body and home.

Look around your home, your objects and furnishings are telling your life's story. What are they saying about you and yours? Walk your home and take an emotional inventory of your belongings. Anything that no longer blesses or supports your present self, simply **re*move**.

When you are ready, send them back into the world. This process creates a deeper relationship within your home and your spirit. In turn, your soul is quickened and expanded.

