

THE
HOME WHISPERER



Feng Shui
SIMPLIFIED

Sharyn Jordan Hathcock



CEDAR HILL PUBLISHING

The Home Whisperer™ – Feng Shui Simplified

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The Meaning of Master Numbers contributed by Rebecca Hayes

Editing by Rebecca Hayes

Cover and book design by Rebecca Hayes

Published in the United States by

Cedar Hill Publishing

Show Low, AZ 85901

www.cedarhillpublishing.com

ISBN-13: 978-1-933324-89-0

Library of Congress Control Number 2007935783

Quotes from *I Ching - The Oracle of the Cosmic Way*, by Hanna Moog and Carol Anthony, used by permission

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Introduction

The Gift of Living in Beauty
Sharyn Jordan Hathcock - The Home Whisperer

*“If there is Righteousness in the heart, there will be
Beauty in the character. If there is beauty in the Character, there will be
Harmony in the home. If there is harmony in the home, there will be
Order in the nation. If there is order in the nation, there will be
Peace in the world.”*

-Celebrated Confucian Proverb

Literally translated, Feng Shui (pronounced FUNG SHWAY) represents Wind and Water or the Unseen and the Seen. Wind and water are the weavers of intentions made manifest via movement. Wind and water’s movement are powerful forces of nature. The winds and waters of transformation swirl around you daily creating awakened clarity, within and without. Feng Shui is the art, symbolism, and science of placement. It is an information system to enhance beauty, wellness, abundance, joy, self-actualization and harmony. Feng Shui, or geomancy as it is also known, has its roots in quantum physics and occurs naturally in the universe’s magnetic field of energy. This beautiful energy upgrades a home’s algorithm, revealing the matrix of its relationship to the universe and to humanity. This revelation brings peace into the world.

Feng Shui teaches how to harness the natural alchemy of wood, fire, earth, metal, and water. Living in beauty and being in alignment with these energies creates positive and powerful life transitions. Just ask to draw from the wisdom of flow, alignment, and connectivity. This trinity enhances the quality of your life’s experiences and creates deep fulfillment. “Ask, and it shall be given to you; seek, and ye shall find; knock, and it shall be opened unto you.” - *Matthew 7:7*. This awareness enriches your life. Know that you are connected to the greater Divine Web of Life that bestows inner peace and contentment.

In the Feng Shui tradition, there is a timeless and beautiful map called the Bagua. Each section of your environment demarcates specific energies in your home and workplace. These sections are called Guas and within this map are various aspects of life that enjoy a pattern projected by the innate flow of nature itself. Depending on your home or office’s blue print,

precious relationships, inspired creativity, harmony, and even your fame is influenced. Peace and harmony reside within you.

Since each of us is connected to one another, we are the channels of these blissful joys and blessings. This higher understanding creates a nurturing environment, furthering us, one and all, to be well, and to stand in the light of universal integrity and divine wisdom.

Feng Shui is a universal language comprehended by both the cosmic consciousness and humanity. Concurrently, it speaks through each Gua and supports what you desire most, generating a physical and mental response to manifest your deepest longings. Set an intention for beauty and experience the highest idea of life. Call forth all that is beautiful, sacred, and precious. Simply *be* with your blessings and create positive thoughts. Pay attention to your feelings and intuitions.

Rest in the knowledge that in perfect and divine order, the reciprocity of this beautiful energetic field brings everything you have ever desired into your path. For your longings clearly exist within time and space.

Once you are willing to do what it takes to hone your gifts and talents, bless others, as you would have them bless you, make wise decisions, and live in gratitude, YOU can resonate with beauty's higher frequency. Be one with abundance, be in the flow, be in alignment, and know that you are connected one to another. Accept and receive the gift of living in deep and abiding Beauty.

How Best to Use This Book

The purpose of this book is to coach, inspire, illuminate and teach you how to create a “noble home,” and to discover its hidden treasures. Feng Shui serves as a bridge that hones nurturing support for manifesting intentions. Relaxing into one’s space and hearing the quiet affords a person serenity and deep contentment. Please read this book with a pen and notebook in hand. This will be your Feng Shui journal. You will be delighted to see the many changes/transformations occurring in your life as you apply these principles. Simply begin your Book of Alchemy by writing your name and the message, “I am a Beloved Child of the Universe. All is well in my inner & outer home.”

Prior to reading the following chapters, you may skim them via the synopses. Everyone is always eager to move right into the art of placement. However, there are some highly important creeds to understand.

Before you can make any adjustments, you **MUST** de-clutter. I know – “*YUCK*” is what you are thinking. The reason for this first step is to avoid accentuating the very problems you are looking to release. When using Feng Shui “cures” in a disorderly environment, you will actually *enhance the problem!*

A Brief History

By considering the quality of our home and workplace's energy, we become aware of how to invite harmony and true wealth. Feng Shui is a catalyst to enhance the life we are presently living and create the one we desire to experience tomorrow. The art and science of Feng Shui is about creating a nurturing and empowering environment. Feng Shui Simplified embodies these time-tested principles and teaches this process as a simple path. It is comprehensible and its mission is to bring clarity to the Feng Shui journey. Since Earth's energy is constantly changing, Feng Shui works with this transforming energy and adjusts accordingly. When we are flexible and open to living from achievement to greater awareness, this expedition is an adventure of abundance, fulfillment, and understanding.

Since energy moves in a spiral, both ascending and descending, star and inverted star patterns of energy also exist. Feng Shui honors these natural laws and explains them in useable terms. Studying Feng Shui's graceful approach to family bliss, true abundance, joyful recognition for our achievements, relationship synergy, inspired creativity, synchronicity, attracting a career in a profession that can be likened to a motivational calling, and of course, having the time for self-cultivation and knowledge that will complete you. The aforementioned areas of your life are actual age-old Feng Shui tenets. They correspond to your home and they exist in the NOW... their sweet waters and graceful winds are waiting to be invited into your life.

The words "Feng Shui" are of Chinese origin. I am often asked why these words were christened as the name of an energy practice. There are several reasons and upon reading about them, you will most likely agree with its wisdom. Since the Chinese understand that their structures are living entities and pay homage to Nature and her laws, it was accepted that wind and water were brought into the perception of blessings. Initially, the Chinese farmers watched after the wind. It was necessary for this early agricultural society to protect their crops against its mighty force. As a ten year old, I recall reading Pearl Buck's *The Good Earth*. This moving novel impressed upon me the attention paid to the elements. In order to shield the crops, they made it a custom to plant them on the south-facing slope of mountain.

The second component for a healthy harvest was water. It was indispensable and its liquidity nourished the plants and contributed to their growth. These two elements were always taken into consideration and contributed to a bountiful yield. In turn, an abundant crop return insured that the farmer would be richly rewarded. His family prospered and in this practice of honoring Wind and Water, Feng Shui has its roots.

As the farmer became more urbanized and absorbed into city living, water became the symbol for roads. Of course, all things that pertained to water continued to hold the energy of water. Buildings are synonymous with mountains and the wind still represents change or transformation. Geometric shapes were emblematic and had great meaning. A square epitomizes Earth, a circle characterizes Metal, and curvilinear lines signify Water, an upright rectangle or pillar such as a tree or column symbolizes Wood, and a triangle embodies Fire.

Every Chinese dynasty has revered Feng Shui principles. Since Feng Shui is the reading of Earth energy and Astrology is the understanding of heavenly energies, every Emperor had their personal Feng Shui Master and Astrologer. When our grandson Shawn (then age 11) and I went to the Forbidden City Exhibit at the Phoenix Art Museum in Arizona, he was amazed at the remarkable history laid out before our eyes. The children's curator approached him to answer any questions he may have had and of course, he was full of them. He was especially curious of the many devices that viewed the heavens and the hundreds of maps that detailed the known earth. What exactly did they have in common with the Emperor's lengthy meditations? The curator leaned closer to him, lowered her half-lensed glasses, and as though imparting secret knowledge that was tightly held among the select few, she whispered, "With their Astrologer and Feng Shui Master, they literally, and I do mean literally, controlled the heavens and the earth... they took care of their people and lands." We both felt a chill run down our backs. We could intuit this knowledge to be ever so true.

As we move through the study of Feng Shui, we will touch on many of the historical traditions of numerous cultures and their influence on the changing nature of Feng Shui. Throughout history, tribes and civilizations have honored Nature and her laws. To survive, indigenous people have always observed Nature's cycles. Instinctively, they integrated nature into their homes. Another way of life is that of the Native American tribes. They always faced their homes to the east. Upon rising, they greeted the sunrise with the full knowledge that this was a new day... yesterday was not their concern anymore. They lived fully in the present. Nature not only balanced their lives, but also fed and clothed them. As they listened and lived with Nature, they created and enjoyed harmony and great Spiritual understandings.

From the Roman Empire, Egyptian rule, pre- and post-Byzantine era; ad infinitum, there are countless stories of societies and their relationships to their cultural zymology. These rich tales are retold through famous archeological finds and we can once again understand how these articles enriched, encouraged and enlightened their walk of life. Archeological discoveries tell us how previous cultures lived and what the quality of their existence was. Our artifacts also reveal who we are. Whatever our timeline, environmental influences will dictate what kind of life we live. And eventually, it will create our culture and leave evidence of our historical relevance.